

A Beginner's Guide To Levelling Up Your Digital Security

1

Update your device

This will help fix any of your device's software vulnerabilities (or flaws) and protect it from attacks.

2

Reset your passwords

Passwords should be changed at least every 6 months, so go ahead and change them, ensuring they are strong and varied.

3

Download LastPass

Multi-factor authentication (MFA) is an extra layer of protection for your online accounts. Download LastPass to get started.

4

Manage your cookies

Cookies can enable location tracking, web activity monitoring and malicious advertisement exposure. go to your web settings where you can choose to remove third-party cookies.